

COVID-19 LOCKDOWN RULES

Version of JULY 7, 2020. Adjustments to the general rules following COVID 19 and valid until at least July 1, 2020. The following COVID rules take precedence over the General House Rules.

1. Access to the climbing hall
 - a. The climbing gym will be open again from 15 June 2020. Every day from 10h00 to 22h00.
Only children between 6 and 12 years of age who are accompanied by a parent or guardian, with a valid reservation, are admitted from Monday to Sunday (10h00 to 22h00).
 - b. **Only climbers and companions of children between 6 and 12 years old are allowed in the climbing hall.** It is currently not possible to come to Petite Ile to work or to enjoy the beautiful view. The bar is still closed. Come on time. Come ready to climb. The changing rooms and showers are closed. There are no lockers available and we ask you to leave your valuables at home if possible.
 - c. Wearing a mask is mandatory from the entrance to the exit, except when climbing.
 - d. It is necessary to follow the markings on the ground.
 - e. It is necessary to disinfect your hands before entering the climbing hall.
 - f. Pay as much as possible without contact.
 - g. Bike parking on the third floor is no longer accessible. It is still not allowed to park your bike in the stairwell. Please use the outdoor bicycle parking.
2. Reservation
 - a. A maximum of 50 people are allowed in the room at the same time. Our reservation system works with fluctuating blocks of 2 hours. You can always check the number of people in the room via our homepage: www.petite-ile.be. Only people with a valid reservation can enter Petite Ile
 - b. You must book online in advance via [THIS LINK](#) or via the [Vertical Life application](#).
 - c. You can book a maximum of 3 sessions per week. Climb with only one partner, it is recommended to always climb with the same partner. You can book a maximum of 2 places at a time. Only parents can book for 3 (the parent and maximum 2 climbing children).
 - d. Always make a reservation for you and your children, even when you are not climbing. You only pay the entrance fee for the children if you do not climb.
 - e. Groups of more than 3 climbers are currently not allowed. Please contact hello@petite-ile.be if you have any questions about this.
 - f. We invite you to respect the family climbing schedule, as well as the maximum number of bookings per week. Please also respect the times of your reservation.
 - g. If you do not show up during the 15 minute check-in period, your reservation will be cancelled. You can always make a new reservation if there are places available. Please cancel your reservation if you know that you are not coming so that someone else can climb.
 - h. It is important that you present yourself at the reception desk and check out at the time of departure. This is the only way to keep an accurate overview of the number of climbers in the room.
3. During the climb
 - a. It is important to maintain a minimum distance of 1.5 metres at all times. Keep a distance of 2 m from other climbers on the walls at all times.
 - b. Wash your hands before you start climbing and also at the end of your session.
 - c. Use liquid chalk before each climbing attempt. Powdered chalk is no longer allowed.
4. Rules for children :
 - a. ~~Family climbing hours are Monday to Sunday (10h00 to 12h00) and weekends (10h00 to 14h00 pm). After 16h00 (weekdays) and after 14h00 (weekends), children under 13 years of age are no longer allowed in the climbing hall.~~
 - b. Children from 6 to 12 years old climbing are accompanied and supervised by an adult. 1 adult for a maximum of 2 children. The adult must stay at a maximum

distance of 5 meters from your children and a minimum of 1.5 meters from other climbers.

- c. Teenagers from 13 years old can climb independently if they are experienced climbers. Only on presentation of a declaration signed by a parent or guardian. You can find an example of a declaration via [THIS LINK](#).
5. Hygiene rules :
 - a. Please always keep a distance of at least 1.5 m from others.
 - b. Remember to wash your hands at least before and after each session.
 - c. Changing rooms and showers are not accessible.
 - d. The toilets are accessible to one person only. Please keep a distance of 1m5 at all times. It is important to leave the door open after your visit to the toilet so that other guests can easily see that the toilet is free. It is still not permitted to enter the toilet with climbing shoes on.
 6. Rental of climbing shoes
 - a. We still rent climbing shoes, but these can only be used once a day. Therefore we cannot promise that shoes of all sizes will be available. We advise you to bring your own climbing shoes if possible.
 - b. If your size is no longer available, you can also climb with clean sport shoes. By clean sport shoes we mean shoes that are only used for sport and not shoes that are also used in the city.
 7. Bar :
 - a. The bar is always closed until further notice.
 - b. You can only use your own water bottle or snack bar.

General House Rules of the PETITE ILE bouldering room.

1. Access to the climbing hall
 - 1.1. Anyone wishing to have access to the climbing facilities must familiarise themselves with the rules and undertake to comply with them.
 - 1.2. Any person wishing to have access to the climbing facilities must report to the reception staff and pay an admission ticket (individual access, subscription or 10-entries card). Novice climbers are invited to report to the reception staff.
 - 1.3. Anyone wishing to enter the climbing hall must undertake to comply with the safety regulations in *Appendix 1*.
 - 1.4. All subscribers and holders of the 10-entries card will receive a membership card. Membership cards are nominative and can only be used by the person to whom the card has been issued.
 - 1.5. The membership card must be scanned at the counter before each session in order to be validated.
 - 1.6. Management reserves the right to modify the access times, tariffs and these rules with immediate effect at any time.
 - 1.7. Any Petite Ile staff member has the right to enforce the rules and give specific safety (or other) related instructions that must be respected on penalty of exclusion.
 - 1.8. Access to the climbing hall is only allowed with climbing shoes or clean sports shoes. Staff may ask you to hire the necessary equipment. The material supplied is the property of Petite Ile SCRL. Use it with respect.
2. Access to the different zones
 - ~~2.1. 0-6 years of age: access to the children's area only. Large climbing hall forbidden. Children must be accompanied and supervised by an adult. Access to the children's area may be refused during peak hours. The decision of the climbing hall staff in case of refusal is final and not contestable.~~
 - ~~2.2. 7-12 years of age: access to the children's area. Large climbing hall accessible except Saturdays, Sundays and public holidays after 14h00. Children must be accompanied and~~

~~supervised by an adult. Access to the children's area and climbing hall may be refused during peak hours. The decision of the climbing hall staff in case of refusal is final and not contestable.~~

- 2.3. **13 years and older:** Free access to all climbing areas. Minors wishing to climb on their own are requested to provide Petite Ile CVBA with a waiver of responsibility signed by a parent.
- 2.4. **Adults :** Free access to all climbing areas. Adults are requested to give priority to children in the children's area.
- 2.5. Training and warm-up areas are forbidden for children under 13 years of age.

3. Minors

- 3.1. Children under 13 must be accompanied and supervised by an adult. The adult is responsible for the child throughout the session, both in the climbing area and in the cafeteria. The adult must ensure that the child does not put himself or others in danger in the climbing hall, observing the safety rules in *Appendix 1*.
- 3.2. Parents of children from 13 years of age can, in writing, offer their children the possibility to climb autonomously in the gym under their exclusive responsibility. Parents expressly acknowledge that they do not delegate their monitoring duty to Petite Ile SCRL.

4. Groups

- ~~4.1. Groups of more than 8 people must book in advance at all times. All groups of more than 10 children under the age of 18 must be accompanied by a Petite Ile monitor.~~
- ~~4.2. Any teaching session with an external supervisor must be authorised by a Petite Ile SCRL manager. Persons supervising a group must have a climbing teacher's certificate and must sign the risk analysis of *Appendix 1*.~~
- ~~4.3. The following table gives an overview of the conditions for supervising groups according to their age:~~

	Up to 10 children	10 to 20 children
3 years of age	Minimum 1 qualified instructor	Minimum 1 qualified instructor + 1 supervisor per 5 additional children
8 years old	Minimum 1 qualified instructor	Minimum 1 qualified instructor + 1 supervisor
8 years of age	Minimum 1 qualified instructor	Minimum 1 qualified instructor

5. Safety and tranquillity in the climbing hall

- 5.1. Techniques, safety rules and habits relating to climbing shall apply so as not to endanger yourself and other participants.
- 5.2. Petite Ile is a sports hall and not a playground. It is strictly forbidden to run in the bouldering hall and the cafeteria. It is also forbidden to shout. Parents are asked to make them understand this rule and enforce it on their children. Failure to respect this rule may result in exclusion from the climbing hall.
- 5.3. Climbing is forbidden under the influence of alcohol or other drugs.
- 5.4. Smoking is not allowed in the climbing gym and no alcoholic beverages may be taken into the climbing gym.

6. Changing rooms and toilets

- ~~6.1. The changing rooms are at the disposal of the climbers. The management of Petite Ile SCRL declines all responsibility in case of loss or theft of objects or material in the changing rooms or in the climbing hall.~~
- 6.2. For reasons of hygiene, access to the toilets and changing rooms with climbing shoes is forbidden.
7. Regulations of the climbing area
- ~~7.1. The use of powder chalk is not permitted. Chalk is not permitted in the children's area.~~
- ~~7.2. It is forbidden to climb with objects that could fall out of your pocket or to put personal objects on the safety mattresses (mobile phone, water bottle, keys or other). Use the large containers at your disposal to deposit your liquid chalk. Use the lockers on the edges of the mats to store your water bottles and personal items.~~
- 7.3. It is forbidden to eat or drink on the safety mats.
8. Publicity and privacy
- 8.1. No advertising or trade can take place in the climbing hall without the written consent of the management of Petite Ile CVBA.
- 8.2. The use of smartphones and cameras is allowed in the climbing hall. All recordings and photographs must be made in accordance with the law.
9. Insurance
- 9.1. The participant acknowledges and accepts that Petite Ile SCRL limits itself to providing an infrastructure without supervision services and that Petite Ile SCRL declines all responsibility in the event of an accident or damage caused by the fault of participants or visitors and/or that of their minor child. Parents remain civilly responsible for their children.
- 9.2. Each climber must have valid personal insurance. The climber is aware that he or she can take out insurance from the Club Alpin Belge at the reception.
- 9.3. Petite Ile CVBA has the following insurances:
- 9.3.1. Physical accidents - covers Petite Ile's client if he/she is injured in the climbing gym, for his/her medical expenses not covered by the own insurance company, up to a maximum of 2478,94€ (with an excess of 24,79€ per person and per accident). This policy also includes compensation in the event of death (2500,00€) and in the event of permanent disability (with a maximum of 12500,00€).
- 9.3.2. Civil liability - which comes into play if Petite Ile SCRL is held liable for any personal injury and/or material damage suffered by you. The intervention of the insurer is limited to 2500000,00€ per claim, with an excess of 250,00€. The excess is only applied in case of material damage, not in case of personal injury.
10. Any failure to comply with an article of these regulations and any person or group whose attitude does not meet the criteria of safety or morality may be sanctioned with immediate exclusion.

Appendix 1 - Risk analysis and safety regulations

1. The climber must warm up at the beginning of the session and choose boulders adapted to his/her skills and level. He/she must therefore know how to avoid a passage that involves a risk of traumatic movements or a possible fall. He/she should give preference to de-escalation by using all available grips. Experienced climbers are recommended to secure each other.
2. Safety distance: In climbing zones, it is necessary to maintain a safe distance from the climber's potential point of fall. Petite Ile recommends a minimum safety distance of 2.5 meters. A minimum distance of 2.5 meters is also required between 2 climbers on the wall.
3. Control of the fall: it is recommended to use the "roulé boulé" (parachute jump) technique.
4. The fall is absorbed with the legs, followed by a roll, avoiding placing one of the upper limbs between the body and the mat to try to control the fall.
5. It is recommended to limit the height of the voluntary fall by descending as far as possible.

6. It is strictly forbidden to run in the climbing zones and the cafeteria.
7. Petite Ile recommends removing all jewellery while climbing (rings, bracelets, necklaces, earrings). All persons are obliged to respect the safety zones marked on the ground when Petite Ile SCRL is working on the infrastructure.